



Christmas

and our natural resources

RSTUFF
Our stuff. Our responsibility.



Did you know?

88% of British people celebrate Christmas

But have you thought about how much
waste it generates ...

Question 1:

Unwanted Christmas gifts amount to how much money in the UK?

- £321 Million
- £575 Million
- £700 Million



£700 million



Question 2:

Roughly how many million pounds worth of unwanted gifts are sent to landfill in the UK each year?

- £22 Million
- £7 Million
- £42 Million



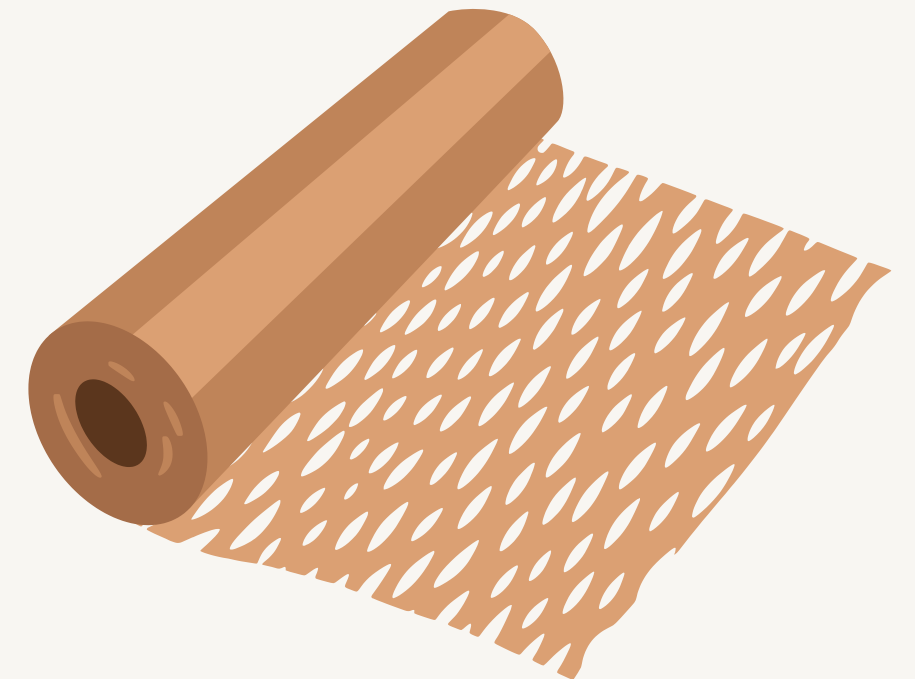
42 million



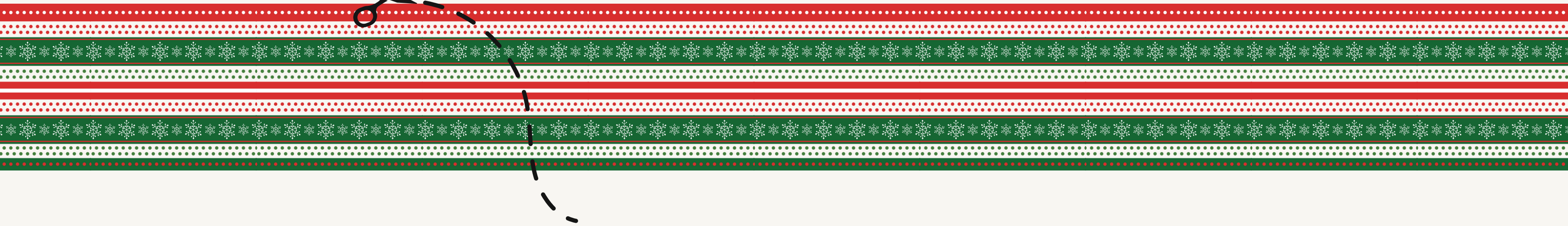
Question 3:

On Average how many miles of wrapping paper are used in the UK at Christmas time?

- 193,000 miles
- 227,000 miles
- 321,000 miles



227,000 miles



Question 4:

Roughly how many Christmas puddings go to waste in the UK each year?

- 1 Million
- 3 Million
- 5 Million



5 million





Natural Resources

A natural resource is something that is found in nature and can be used by people.

This includes light, air, water, plants, animals, soil, stone, minerals, and fossil fuels. Some natural resources are needed for us to stay alive while others are used to make our lives better.

At Christmas some items made from natural resources may include:



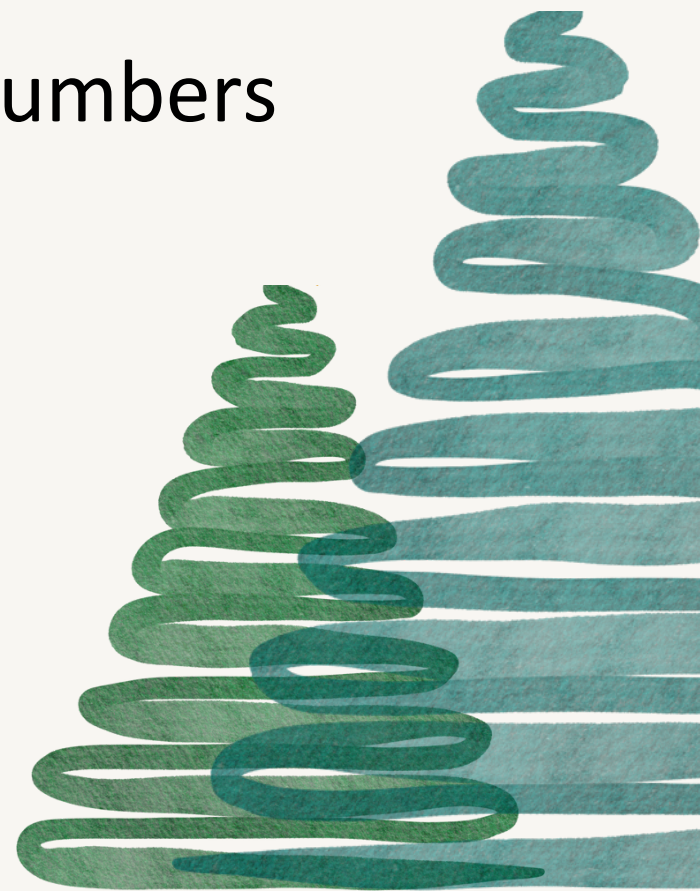
- Wrapping paper & cards made from trees
- Plastic bows from oil
- Plastic tree decorations from oil
- Chocolates made from cacao that is grown on cacao trees

Resource Depletion

We are using the Earth's natural resources faster than it can regenerate them which can cause:

- Environmental damage like climate change
- Biodiversity loss where different kinds of plants and animals decrease in numbers
- Conflict over scarce resources

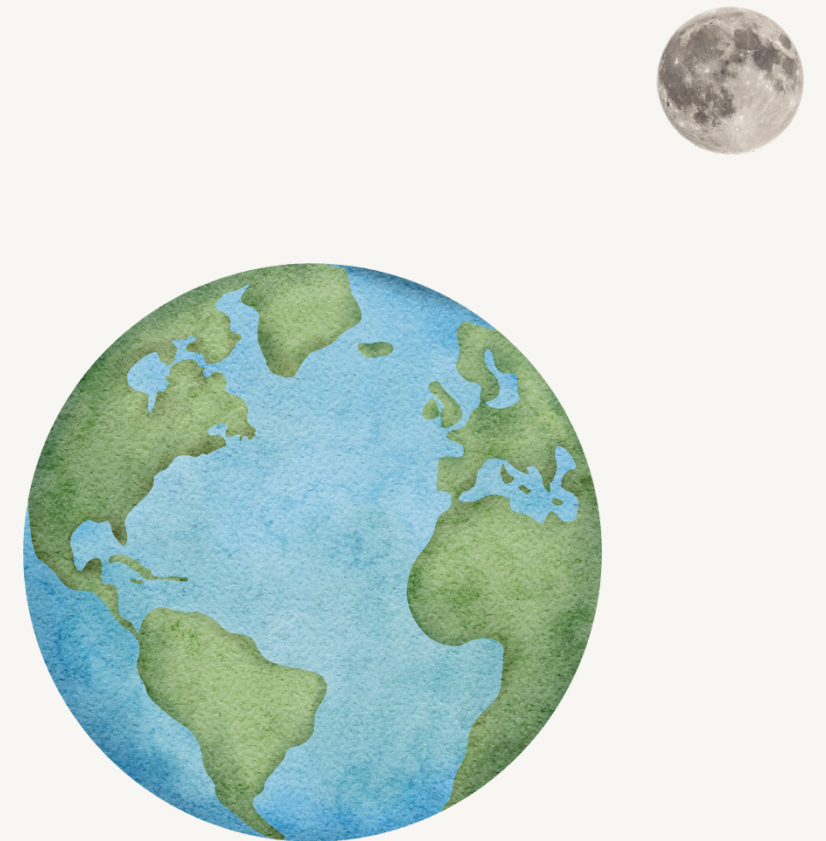
And more!



Question:

If everyone lived like we do in the UK, how many planets would we need?

- 1.4
- 2.0
- 2.6





2.6



Gifts, Gifts, and more Gifts!

To have £700 Million of unwanted gifts at Christmas means we buy a lot more than that!

The problem with this is that every gift purchased uses natural resources and contributes towards issues such as climate change when being made and transported.

**If you are
celebrating this
year, consider
celebrating more
sustainably...**





The best way to do this is to:

Buy less but do more!

Helping us to make memories, not waste

You Could:

Make gifts such as Christmas cookies and tree decorations

Choose an experience such as a trip to the theatre, cinema, or bowling

Buy pre-loved gifts

Buy less by doing secret santa with your friendship group



**But what about
those left over
Christmas
Puddings?**





Why not have a go at transforming them into some tasty cake pops!



Merry
Christmas!

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